



**GOD MADE**  
**ALL**  
**OF ME**

A Book to Help Children Protect Their Bodies

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## Dear Parent or Caregiver,

Thank you for reading *God Made All of Me* to your child.

We wrote this book as a tool so you can explain to your children that God made their bodies. Because private parts are private, there can be lots of questions, curiosity, or shame regarding them. For their protection, children need to know about private parts and understand that God made their body and made it special.

The message children need to hear is: “God made all of you. Every part of your body is good, and some parts are private. He made the parts of your body that other people see every day, and he made your private parts. Every part is good because God made every part and called them all good.”

Our goal is to help you in protecting your child from sexual abuse. We wrote *Rid of My Disgrace: Hope and Healing for Victims of Sexual Assault* because it is an important and prevalent issue. One in four women and one in six men have been or will be assaulted in their lifetime. Heartbreakingly, many of the victims of this epidemic are children: 15% of those assaulted are under age 12, and 29% are between ages 12 and 17. Girls between the ages of 16 and 19 are four times more likely than the general population to be victims of sexual assault.

We want parents and caregivers to be smarter and better prepared than those who would want to harm the child they love and want to protect. While we know that actions by adults can be more effective than expecting children to protect themselves from sexual abuse, children still need accurate, age-appropriate information about child sexual abuse and confidence their parents and caregivers will support them.

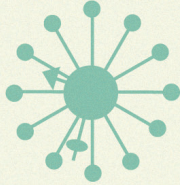
Education is important in preventing inappropriate sexual behavior or contact. By teaching children about their bodies and discussing appropriate and inappropriate touch, you are helping them understand their ability to say No to unwanted touch, which will help them if anyone ever tries to hurt or trick them.

Thank you for taking the time to read this book and talk to your child about it.

Best,  
Lindsey Holcomb, MPH  
Justin Holcomb, PhD

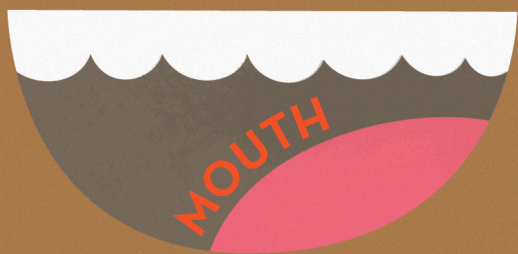
Mom said, "Kayla, God made everything and called it good.

Who made you?"



"God made me," said Kayla.

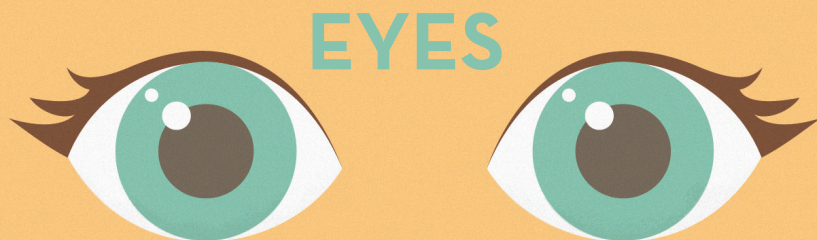
"When God made people he called it very good," said Mom.



HAIR

HOW YOU MADE ME IS  
**AMAZING AND WONDERFUL.**  
I PRAISE YOU FOR THAT.  
WHAT YOU HAVE DONE IS  
WONDERFUL. I KNOW THAT  
VERY WELL.

**PSALM 139:14**



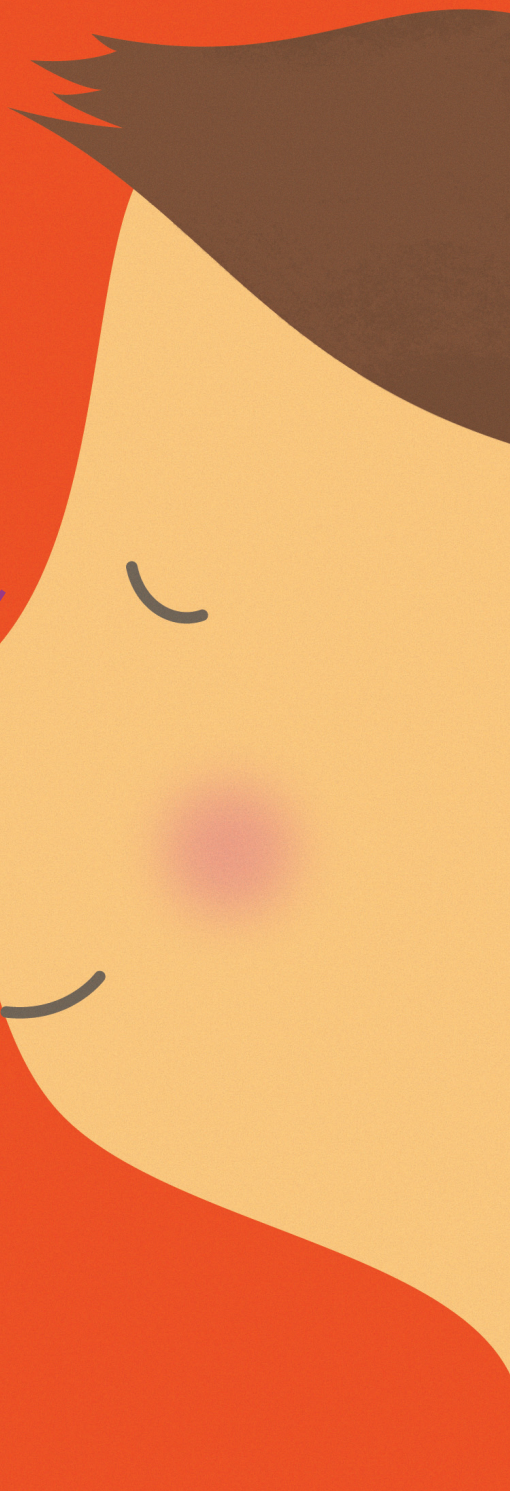
Mom said, "God made your eyes, your hair, your nose, your ears, your mouth, your teeth. God made all of your body parts."

Jumping up, Kayla said, "God made my legs and feet and toes, too."

Smiling, Dad said, "Yes, you are right, Kayla. From your head to your toes—everything about you is special to God! We can thank God that he made us in such a special and wonderful way."



NOSE



“God made every part of your body and God called every part of your body good. Some parts of your body are for sharing and some parts are not for sharing,” said Dad.

“I can share a **hug** or a **kiss** if I want. Right?” asked Kayla.

