

Week 1

# How can I be sure I'm a Christian?



## Philippians 1 v 1-11 (NIV)

<sup>1</sup>Paul and Timothy, servants of Christ Jesus,

To all the saints in Christ Jesus at Philippi, together with the overseers and deacons:

<sup>2</sup>Grace and peace to you from God our Father and the Lord Jesus Christ.

### Thanksgiving and Prayer

<sup>3</sup>I thank my God every time I remember you. <sup>4</sup>In all my prayers for all of you, I always pray with joy <sup>5</sup>because of your partnership in the gospel from the first day until now, <sup>6</sup>being confident of this, that he who began a good work in you will carry it on to completion until the day of Christ Jesus.

<sup>7</sup>It is right for me to feel this way about all of you, since I have you in my heart; for whether I am in chains or defending and confirming the gospel, all of you share in God's grace with me. <sup>8</sup>God can testify how I long for all of you with the affection of Christ Jesus.

<sup>9</sup>And this is my prayer: that your love may abound more and more in knowledge and depth of insight, <sup>10</sup>so that you may be able to discern what is best and may be pure and blameless until the day of Christ, <sup>11</sup>filled with the fruit of righteousness that comes through Jesus Christ—to the glory and praise of God.

Week 2

# What am I living for?



## Philippians 1 v 12-26 (NIV)

<sup>12</sup>Now I want you to know, brothers, that what has happened to me has really served to advance the gospel. <sup>13</sup>As a result, it has become clear throughout the whole palace guard and to everyone else that I am in chains for Christ. <sup>14</sup>Because of my chains, most of the brothers in the Lord have been encouraged to speak the word of God more courageously and fearlessly.

<sup>15</sup>It is true that some preach Christ out of envy and rivalry, but others out of goodwill. <sup>16</sup>The latter do so in love, knowing that I am put here for the defence of the gospel. <sup>17</sup>The former preach Christ out of selfish ambition, not sincerely, supposing that they can stir up trouble for me while I am in chains. <sup>18</sup>But what does it matter? The important thing is that in every way, whether from false motives or true, Christ is preached. And because of this I rejoice.

Yes, and I will continue to rejoice, <sup>19</sup>for I know that through your prayers and the help given by the Spirit of Jesus Christ, what has happened to me will turn out for my deliverance. <sup>20</sup>I eagerly expect and hope that I will in no way be ashamed, but will have sufficient courage so that now as always Christ will be exalted in my body, whether by life or by death. <sup>21</sup>For to me, to live is Christ and to die is gain. <sup>22</sup>If I am to go on living in the body, this will mean fruitful labour for me. Yet what shall I choose? I do not know! <sup>23</sup>I am torn between the two: I desire to depart and be with Christ, which is better by far; <sup>24</sup>but it is more necessary for you that I remain in the body. <sup>25</sup>Convinced of this, I know that I will remain, and I will continue with all of you for your progress and joy in the faith, <sup>26</sup>so that through my being with you again your joy in Christ Jesus will overflow on account of me.

Week 3

# Together for Christ?



## Philippians 1 v 27 – 2 v 4 (NIV)

<sup>27</sup>Whatever happens, conduct yourselves in a manner worthy of the gospel of Christ. Then, whether I come and see you or only hear about you in my absence, I will know that you stand firm in one spirit, contending as one man for the faith of the gospel <sup>28</sup>without being frightened in any way by those who oppose you. This is a sign to them that they will be destroyed, but that you will be saved—and that by God. <sup>29</sup>For it has been granted to you on behalf of Christ not only to believe on him, but also to suffer for him, <sup>30</sup>since you are going through the same struggle you saw I had, and now hear that I still have.

### Imitating Christ's Humility

<sup>1</sup>If you have any encouragement from being united with Christ, if any comfort from his love, if any fellowship with the Spirit, if any tenderness and compassion, <sup>2</sup>then make my joy complete by being like-minded, having the same love, being one in spirit and purpose. <sup>3</sup>Do nothing out of selfish ambition or vain conceit, but in humility consider others better than yourselves. <sup>4</sup>Each of you should look not only to your own interests, but also to the interests of others.

Week 4

# How should I live for Christ?



## Philippians 2 v 5-18 (NIV)

<sup>5</sup>Your attitude should be the same as that of Christ Jesus:

<sup>6</sup>Who, being in very nature God, did not consider equality with God something to be grasped,

<sup>7</sup>but made himself nothing, taking the very nature of a servant, being made in human likeness.

<sup>8</sup>And being found in appearance as a man, he humbled himself and became obedient to death— even death on a cross!

<sup>9</sup>Therefore God exalted him to the highest place and gave him the name that is above every name,

<sup>10</sup>that at the name of Jesus every knee should bow, in heaven and on earth and under the earth,

<sup>11</sup>and every tongue confess that Jesus Christ is Lord, to the glory of God the Father.

## Shining as Stars

<sup>12</sup>Therefore, my dear friends, as you have always obeyed— not only in my presence, but now much more in my absence— continue to work out your salvation with fear and trembling, <sup>13</sup>for it is God who works in you to will and to act according to his good purpose.

<sup>14</sup>Do everything without complaining or arguing, <sup>15</sup>so that you may become blameless and pure, children of God without fault in a crooked and depraved generation, in which you shine like stars in the universe <sup>16</sup>as you hold out the word of life— in order that I may boast on the day of Christ that I did not run or labour for nothing.

<sup>17</sup>But even if I am being poured out like a drink offering on the sacrifice and service coming from your faith, I am glad and rejoice with all of you. <sup>18</sup>So you too should be glad and rejoice with me.

Extra

# An example to follow?

**Philippians 2 v 19-30 (NIV)**



## **Timothy and Epaphroditus**

<sup>19</sup>I hope in the Lord Jesus to send Timothy to you soon, that I also may be cheered when I receive news about you.<sup>20</sup>I have no-one else like him, who takes a genuine interest in your welfare. <sup>21</sup>For everyone looks out for his own interests, not those of Jesus Christ. <sup>22</sup>But you know that Timothy has proved himself, because as a son with his father he has served with me in the work of the gospel. <sup>23</sup>I hope, therefore, to send him as soon as I see how things go with me. <sup>24</sup>And I am confident in the Lord that I myself will come soon.

<sup>25</sup>But I think it is necessary to send back to you Epaphroditus, my brother, fellow-worker and fellow-soldier, who is also your messenger, whom you sent to take care of my needs. <sup>26</sup>For he longs for all of you and is distressed because you heard he was ill. <sup>27</sup>Indeed he was ill, and almost died. But God had mercy on him, and not on him only but also on me, to spare me sorrow upon sorrow. <sup>28</sup>Therefore I am all the more eager to send him, so that when you see him again you may be glad and I may have less anxiety. <sup>29</sup>Welcome him in the Lord with great joy, and honour men like him, <sup>30</sup>because he almost died for the work of Christ, risking his life to make up for the help you could not give me.

Week 5

# Can I be good enough for God?



**Philippians 3 v 1-9 (NIV)**

## **No Confidence in the Flesh**

<sup>1</sup>Finally, my brothers, rejoice in the Lord! It is no trouble for me to write the same things to you again, and it is a safeguard for you.

<sup>2</sup>Watch out for those dogs, those men who do evil, those mutilators of the flesh. <sup>3</sup>For it is we who are the circumcision, we who worship by the Spirit of God, who glory in Christ Jesus, and who put no confidence in the flesh—<sup>4</sup>though I myself have reasons for such confidence.

If anyone else thinks he has reasons to put confidence in the flesh, I have more: <sup>5</sup>circumcised on the eighth day, of the people of Israel, of the tribe of Benjamin, a Hebrew of Hebrews; in regard to the law, a Pharisee; <sup>6</sup>as for zeal, persecuting the church; as for legalistic righteousness, faultless.

<sup>7</sup>But whatever was to my profit I now consider loss for the sake of Christ.<sup>8</sup>What is more, I consider everything a loss compared to the surpassing greatness of knowing Christ Jesus my Lord, for whose sake I have lost all things. I consider them rubbish, that I may gain Christ <sup>9</sup>and be found in him, not having a righteousness of my own that comes from the law, but that which is through faith in Christ—the righteousness that comes from God and is by faith.

Week 6

# How can I know Christ better?



**Philippians 3 v 10 – 4 v 1 (NIV)**

<sup>10</sup>I want to know Christ and the power of his resurrection and the fellowship of sharing in his sufferings, becoming like him in his death, <sup>11</sup>and so, somehow, to attain to the resurrection from the dead.

## **Pressing on Towards the Goal**

<sup>12</sup>Not that I have already obtained all this, or have already been made perfect, but I press on to take hold of that for which Christ Jesus took hold of me. <sup>13</sup>Brothers, I do not consider myself yet to have taken hold of it. But one thing I do: Forgetting what is behind and straining towards what is ahead, <sup>14</sup>I press on towards the goal to win the prize for which God has called me heavenwards in Christ Jesus.

<sup>15</sup>All of us who are mature should take such a view of things. And if on some point you think differently, that too God will make clear to you. <sup>16</sup>Only let us live up to what we have already attained.

<sup>17</sup>Join with others in following my example, brothers, and take note of those who live according to the pattern we gave you. <sup>18</sup>For, as I have often told you before and now say again even with tears, many live as enemies of the cross of Christ. <sup>19</sup>Their destiny is destruction, their god is their stomach, and their glory is in their shame. Their mind is on earthly things. <sup>20</sup>But our citizenship is in heaven. And we eagerly await a Saviour from there, the Lord Jesus Christ, <sup>21</sup>who, by the power that enables him to bring everything under his control, will transform our lowly bodies so that they will be like his glorious body.

<sup>1</sup>Therefore, my brothers, you whom I love and long for, my joy and crown, that is how you should stand firm in the Lord, dear friends!

Week 7

# How can I rejoice in Christ?

**Philippians 4 v 2-9 (NIV)**



## **Exhortations**

<sup>2</sup>I plead with Euodia and I plead with Syntyche to agree with each other in the Lord. <sup>3</sup>Yes, and I ask you, loyal yokefellow, help these women who have contended at my side in the cause of the gospel, along with Clement and the rest of my fellow-workers, whose names are in the book of life.

<sup>4</sup>Rejoice in the Lord always. I will say it again: Rejoice! <sup>5</sup>Let your gentleness be evident to all. The Lord is near. <sup>6</sup>Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. <sup>7</sup>And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

<sup>8</sup>Finally, brothers, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable— if anything is excellent or praiseworthy— think about such things. <sup>9</sup>Whatever you have learned or received or heard from me, or seen in me— put it into practice. And the God of peace will be with you.



Week 8

# How can I be content in Christ?



**Philippians 4 v 10-23 (NIV)**

## **Thanks for Their Gifts**

<sup>10</sup>I rejoice greatly in the Lord that at last you have renewed your concern for me. Indeed, you have been concerned, but you had no opportunity to show it. <sup>11</sup>I am not saying this because I am in need, for I have learned to be content whatever the circumstances. <sup>12</sup>I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want. <sup>13</sup>I can do everything through him who gives me strength.

<sup>14</sup>Yet it was good of you to share in my troubles. <sup>15</sup>Moreover, as you Philippians know, in the early days of your acquaintance with the gospel, when I set out from Macedonia, not one church shared with me in the matter of giving and receiving, except you only; <sup>16</sup>for even when I was in Thessalonica, you sent me aid again and again when I was in need. <sup>17</sup>Not that I am looking for a gift, but I am looking for what may be credited to your account. <sup>18</sup>I have received full payment and even more; I am amply supplied, now that I have received from Epaphroditus the gifts you sent. They are a fragrant offering, an acceptable sacrifice, pleasing to God. <sup>19</sup>And my God will meet all your needs according to his glorious riches in Christ Jesus.

<sup>20</sup>To our God and Father be glory for ever and ever. Amen.

## **Final Greetings**

<sup>21</sup>Greet all the saints in Christ Jesus. The brothers who are with me send greetings. <sup>22</sup>All the saints send you greetings, especially those who belong to Caesar's household.

<sup>23</sup>The grace of the Lord Jesus Christ be with your spirit. Amen.