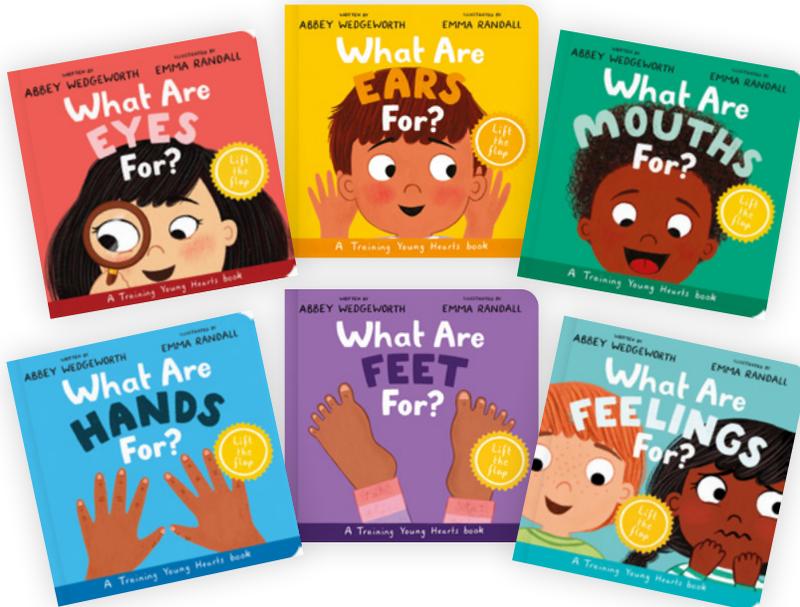


# Contents



A Note from the Author	3
1. The Pattern of Redemption	5
2. Understanding Misbehavior	11
3. What to Do When They Fail	14
4. Training Refrains	20
5. Conflict Resolution	24
6. Emotions and Empathy	27
A Word of Encouragement	30





Training Young Hearts: Guide for Grown-ups

© Abbey Wedgeworth / Emma Randall /  
The Good Book Company, 2025

Published by The Good Book Company

Unless otherwise indicated, Scripture quotations are from The Holy Bible, English Standard Version (ESV), copyright © by Crossway, a publishing ministry of Good News Publishers. Used by permission. All rights reserved.

Published in association with The Gates Group | All moral rights asserted

Illustrations by Emma Randall | Art direction and design by Andre Parker

ISBN: 9781802543452 | JOB: 008131 | Printed in China

# A Note from the Author

Dear Grown-up,

I am so delighted to share these books with you!

The lift-the-flap board books in the Training Young Hearts series aim to do two things. First, they serve as engaging training tools that help you teach your kids how their bodies should and shouldn't be used. They'll help with behaviors like biting, hitting, snatching, kicking, eye rolling, not listening, or throwing a tantrum.

Second, and more importantly, these books offer a framework that you can use to teach your children the gospel. They introduce the concepts of repentance, reconciliation, forgiveness, and sanctification, all at a level that a small child can understand.

So, the Training Young Hearts board books teach children what it means to follow Jesus as their example while also encouraging them to look to him for forgiveness when they fail and for help when they long to be better! My desire is that your child will be reassured of Jesus' love for us and comforted by the Holy Spirit's power to help us, and that he or she will grow not only in their behavior but also in their knowledge and love of God.

This booklet was put together to help you get the most out of these little books. I hope that they will become fast favorites in your home, and that they'll be a helpful tool as you seek to lead your littles to Jesus and to train them in righteousness.

Gratefully,

***Abbey Wedgeworth***

# 1. The Pattern of Redemption

While each of these books is unique, you'll notice that they follow a specific pattern. This pattern is also the pattern of the story of Scripture: creation, fall, redemption.

**Creation:** God made everything. When he created the world, he called it good, and he called mankind very good. In the beginning, humanity was untainted by sin.

**Fall:** Then Adam and Eve ate the forbidden fruit, and now, sin affects everything: the way we relate to God, creation, ourselves, and others.

**Redemption:** God sent his Son, Jesus, to live the life we could never live, die the death we deserve, and give us his Spirit to help us.

Each book begins with a celebration of how we are made, delves into