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Asterisks (*) that appear in the Bible text flow mark the existence of a footnote in the lower right corner of each page spread. The location of the asterisk connects the footnote content to the wording of the Bible text.

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A NOTE TO READERS

The *Holy Bible*, New Living Translation, was first published in 1996. It quickly became one of the most popular Bible translations in the English-speaking world. While the NLT's influence was rapidly growing, the Bible Translation Committee determined that an additional investment in scholarly review and text refinement could make it even better. So shortly after its initial publication, the committee began an eight-year process with the purpose of increasing the level of the NLT's precision without sacrificing its easy-to-understand quality. This second-generation text was completed in 2004, with minor changes subsequently introduced in 2007, 2013, and 2015.

The goal of any Bible translation is to convey the meaning and content of the ancient Hebrew, Aramaic, and Greek texts as accurately as possible to contemporary readers. The challenge for our translators was to create a text that would communicate as clearly and powerfully to today's readers as the original texts did to readers and listeners in the ancient biblical world. The resulting translation is easy to read and understand, while also accurately communicating the meaning and content of the original biblical texts. The NLT is a general-purpose text especially good for study, devotional reading, and reading aloud in worship services.

We believe that the New Living Translation—which combines the latest biblical scholarship with a clear, dynamic writing style—will communicate God's word powerfully to all who read it. We publish it with the prayer that God will use it to speak his timeless truth to the church and the world in a fresh, new way.

The Publishers

*A full introduction to the NLT can be found at tyndale.com/nlt/process.
A complete list of the translators can be found at tyndale.com/nlt/scholars.*

Old Testament

Genesis

The Account of Creation

1 In the beginning God created the heavens and the earth.* ²The earth was formless and empty, and darkness covered the deep waters. And the Spirit of God was hovering over the surface of the waters.

³Then God said, "Let there be light," and there was light. ⁴And God saw that the light was good. Then he separated the light from the darkness. ⁵God called the light "day" and the darkness "night."

And evening passed and morning came, marking the first day.

⁶Then God said, "Let there be a space between the waters, to separate the waters of the heavens from the waters of the earth."

⁷And that is what happened. God made this space to separate the waters of the earth from the waters of the heavens. ⁸God called the space "sky."

And evening passed and morning came, marking the second day.

⁹Then God said, "Let the waters beneath the sky flow together into one place, so dry ground may appear." And that is what happened. ¹⁰God called the dry ground "land" and the waters "seas." And God saw that it was good. ¹¹Then God said, "Let the land sprout with vegetation—every sort of seed-bearing plant, and trees that grow seed-bearing fruit. These seeds will then produce the kinds of plants and trees from which they came." And that is what happened. ¹²The land produced vegetation—all sorts of seed-bearing plants, and trees with seed-bearing fruit. Their seeds produced plants and trees of the same kind. And God saw that it was good.

¹³And evening passed and morning came, marking the third day.

¹⁴Then God said, "Let lights appear in the sky to separate the day from the night. Let them be signs to mark the seasons, days, and years. ¹⁵Let these lights in the sky shine down on the earth." And that is what happened. ¹⁶God made two great lights—the larger one to govern the day, and the smaller one to govern the night.

He also made the stars. ¹⁷God set these lights in the sky to light the earth, ¹⁸to govern the day and night, and to separate the light from the darkness. And God saw that it was good.

¹⁹And evening passed and morning came, marking the fourth day.

²⁰Then God said, "Let the waters swarm with fish and other life. Let the skies be filled with birds of every kind." ²¹So God created great sea creatures and every living thing that scurries and swarms in the water, and every sort of bird—each producing offspring of the same kind. And God saw that it was good. ²²Then God blessed them, saying, "Be fruitful and multiply. Let the fish fill the seas, and let the birds multiply on the earth."

²³And evening passed and morning came, marking the fifth day.

²⁴Then God said, "Let the earth produce every sort of animal, each producing offspring of the same kind—livestock, small animals that scurry along the ground, and wild animals." And that is what happened. ²⁵God made all sorts of wild animals, livestock, and small animals, each able to produce offspring of the same kind. And God saw that it was good.

²⁶Then God said, "Let us make human beings* in our image, to be like us. They will reign over the fish in the sea, the birds in the sky, the livestock, all the wild animals on the earth,* and the small animals that scurry along the ground."

²⁷ So God created human beings* in his own image.

In the image of God he created them; male and female he created them.

²⁸Then God blessed them and said, "Be fruitful and multiply. Fill the earth and govern it. Reign over the fish in the sea, the birds in the sky, and all the animals that scurry along the ground."

*Translation Notes 1:1 Or *In the beginning when God created the heavens and the earth, . . . Or When God began to create the heavens and the earth, . . .* 1:26a Or *man*; Hebrew reads *adam*. 1:26b As in Syriac version; Hebrew reads *all the earth*. 1:27 Or *the man*; Hebrew reads *ha-adam*.

²⁹Then God said, "Look! I have given you every seed-bearing plant throughout the earth and all the fruit trees for your food.

³⁰And I have given every green plant as food for all the wild animals, the birds in the sky, and the small animals that scurry along the ground—everything that has life." And that is what happened.

³¹Then God looked over all he had made, and he saw that it was very good!

And evening passed and morning came, marking the sixth day.

2 So the creation of the heavens and the earth and everything in them was completed. ²On the seventh day God had finished his work of creation, so he rested* from all his work. ³And God blessed the seventh day and declared it holy, because it was the day when he rested from all his work of creation.

⁴This is the account of the creation of the heavens and the earth.

The Man and Woman in Eden

When the LORD God made the earth and the heavens, ⁵neither wild plants nor grains were growing on the earth. For the LORD God had not yet sent rain to water the earth, and there were no people to cultivate the soil. ⁶Instead, springs* came up from the ground and watered all the land. ⁷Then the LORD God formed the man from the dust of the ground. He breathed the breath of life into the man's nostrils, and the man became a living person.

⁸Then the LORD God planted a garden in Eden in the east, and there he placed the man he had made. ⁹The LORD God made all sorts of trees grow up from the ground—trees that were beautiful and that produced delicious fruit. In the middle of the garden he placed the tree of life and the tree of the knowledge of good and evil.

¹⁰A river flowed from the land of Eden, watering the garden and then dividing into four branches. ¹¹The first branch, called the Pishon, flowed around the entire land of Havilah, where gold is found. ¹²The gold of that land is exceptionally pure; aromatic resin and onyx stone are also found there. ¹³The second branch, called the Gihon, flowed around the entire land of Cush. ¹⁴The third branch, called the Tigris, flowed east of the land of Asshur. The fourth branch is called the Euphrates.

¹⁵The LORD God placed the man in the Garden of Eden to tend and watch over it. ¹⁶But the LORD God warned him, "You may freely eat the fruit of every tree in the garden—¹⁷except the tree

of the knowledge of good and evil. If you eat its fruit, you are sure to die."

¹⁸Then the LORD God said, "It is not good for the man to be alone. I will make a helper who is just right for him." ¹⁹So the LORD God formed from the ground all the wild animals and all the birds of the sky. He brought them to the man* to see what he would call them, and the man chose a name for each one. ²⁰He gave names to all the livestock, all the birds of the sky, and all the wild animals. But still there was no helper just right for him.

²¹So the LORD God caused the man to fall into a deep sleep. While the man slept, the LORD God took out one of the man's ribs* and closed up the opening. ²²Then the LORD God made a woman from the rib, and he brought her to the man.

²³"At last!" the man exclaimed.

"This one is bone from my bone,
and flesh from my flesh!
She will be called 'woman,'
because she was taken from 'man.'"

²⁴This explains why a man leaves his father and mother and is joined to his wife, and the two are united into one.

²⁵Now the man and his wife were both naked, but they felt no shame.

The Man and Woman Sin

3 The serpent was the shrewdest of all the wild animals the LORD God had made. One day he asked the woman, "Did God really say you must not eat the fruit from any of the trees in the garden?"

²"Of course we may eat fruit from the trees in the garden," the woman replied. ³"It's only the fruit from the tree in the middle of the garden that we are not allowed to eat. God said, 'You must not eat it or even touch it; if you do, you will die.'"

⁴"You won't die!" the serpent replied to the woman. ⁵"God knows that your eyes will be opened as soon as you eat it, and you will be like God, knowing both good and evil."

⁶The woman was convinced. She saw that the tree was beautiful and its fruit looked delicious, and she wanted the wisdom it would give her. So she took some of the fruit and ate it. Then she gave some to her husband, who was with her, and he ate it, too. ⁷At that moment their eyes were opened, and they suddenly felt shame at their nakedness. So they sewed fig leaves together to cover themselves.

⁸When the cool evening breezes were blowing, the man* and his wife heard the LORD God walking about in the garden. So they hid from

the LORD God among the trees. ⁹Then the LORD God called to the man, "Where are you?"

¹⁰He replied, "I heard you walking in the garden, so I hid. I was afraid because I was naked."

¹¹"Who told you that you were naked?" the LORD God asked. "Have you eaten from the tree whose fruit I commanded you not to eat?"

¹²The man replied, "It was the woman you gave me who gave me the fruit, and I ate it."

¹³Then the LORD God asked the woman, "What have you done?"

"The serpent deceived me," she replied. "That's why I ate it."

¹⁴Then the LORD God said to the serpent,

"Because you have done this, you are cursed more than all animals, domestic and wild. You will crawl on your belly, groveling in the dust as long as you live.

¹⁵ And I will cause hostility between you and the woman, and between your offspring and her offspring. He will strike* your head, and you will strike his heel."

¹⁶Then he said to the woman,

"I will sharpen the pain of your pregnancy, and in pain you will give birth. And you will desire to control your husband, but he will rule over you.*"

¹⁷And to the man he said,

"Since you listened to your wife and ate from the tree whose fruit I commanded you not to eat, the ground is cursed because of you. All your life you will struggle to scratch a living from it.

¹⁸ It will grow thorns and thistles for you, though you will eat of its grains.

¹⁹ By the sweat of your brow will you have food to eat until you return to the ground from which you were made. For you were made from dust, and to dust you will return."

Paradise Lost: God's Judgment

²⁰Then the man—Adam—named his wife Eve, because she would be the mother of all who live.* ²¹And the LORD God made clothing from animal skins for Adam and his wife.

²²Then the LORD God said, "Look, the human beings* have become like us, knowing both good and evil. What if they reach out, take fruit from the tree of life, and eat it? Then they will

live forever!" ²³So the LORD God banished them from the Garden of Eden, and he sent Adam out to cultivate the ground from which he had been made. ²⁴After sending them out, the LORD God stationed mighty cherubim to the east of the Garden of Eden. And he placed a flaming sword that flashed back and forth to guard the way to the tree of life.

Cain and Abel

4 Now Adam* had sexual relations with his wife, Eve, and she became pregnant. When she gave birth to Cain, she said, "With the LORD's help, I have produced* a man!" ²Later she gave birth to his brother and named him Abel.

When they grew up, Abel became a shepherd, while Cain cultivated the ground. ³When it was time for the harvest, Cain presented some of his crops as a gift to the LORD. ⁴Abel also brought a gift—the best portions of the firstborn lambs from his flock. The LORD accepted Abel and his gift, ⁵but he did not accept Cain and his gift. This made Cain very angry, and he looked dejected.

⁶"Why are you so angry?" the LORD asked Cain. "Why do you look so dejected? ⁷You will be accepted if you do what is right. But if you refuse to do what is right, then watch out! Sin is crouching at the door, eager to control you. But you must subdue it and be its master."

⁸One day Cain suggested to his brother, "Let's go out into the fields.*" And while they were in the field, Cain attacked his brother, Abel, and killed him.

⁹Afterward the LORD asked Cain, "Where is your brother? Where is Abel?"

"I don't know," Cain responded. "Am I my brother's guardian?"

¹⁰But the LORD said, "What have you done? Listen! Your brother's blood cries out to me from the ground! ¹¹Now you are cursed and banished from the ground, which has swallowed your brother's blood. ¹²No longer will the ground yield good crops for you, no matter how hard you work! From now on you will be a homeless wanderer on the earth."

¹³Cain replied to the LORD, "My punishment* is too great for me to bear! ¹⁴You have banished me from the land and from your presence; you have made me a homeless wanderer. Anyone who finds me will kill me!"

***Translation Notes** 2:2 *Or ceased*; also in 2:3. 2:6 *Or mist*. 2:19 *Or Adam*, and so throughout the chapter. 2:21 *Or took a part of the man's side*. 3:8 *Or Adam*, and so throughout the chapter. 3:15 *Or bruise*; also in 3:15b. 3:16 *Or And though you will have desire for your husband, / he will rule over you*. 3:20 *Eve* sounds like a Hebrew term that means "to give life." 3:22 *Or the man*; Hebrew reads *ha-adam*. 4:1a *Or the man*; also in 4:25. 4:1b *Or I have acquired*. *Cain* sounds like a Hebrew term that can mean "produce" or "acquire." 4:8 *As in Samaritan Pentateuch, Greek and Syriac versions, and Latin Vulgate; Masoretic Text lacks "Let's go out into the fields."* 4:13 *Or My sin*.

¹⁵The LORD replied, “No, for I will give a seven-fold punishment to anyone who kills you.” Then the LORD put a mark on Cain to warn anyone who might try to kill him. ¹⁶So Cain left the LORD’s presence and settled in the land of Nod,* east of Eden.

The Descendants of Cain

¹⁷Cain had sexual relations with his wife, and she became pregnant and gave birth to Enoch. Then Cain founded a city, which he named Enoch, after his son. ¹⁸Enoch had a son named Irad. Irad became the father of* Mehujael. Mehujael became the father of Methushael. Methushael became the father of Lamech.

¹⁹Lamech married two women. The first was named Adah, and the second was Zillah. ²⁰Adah gave birth to Jabal, who was the first of those who raise livestock and live in tents. ²¹His brother’s name was Jubal, the first of all who play the harp and flute. ²²Lamech’s other wife, Zillah, gave birth to a son named Tubal-cain. He became an expert in forging tools of bronze and iron. Tubal-cain had a sister named Naamah. ²³One day Lamech said to his wives,

“Adah and Zillah, hear my voice;
listen to me, you wives of Lamech.
I have killed a man who attacked me,
a young man who wounded me.
²⁴ If someone who kills Cain is punished
seven times,
then the one who kills me will be
punished seventy-seven times!”

The Birth of Seth

²⁵Adam had sexual relations with his wife again, and she gave birth to another son. She named him Seth,* for she said, “God has granted me another son in place of Abel, whom Cain killed.” ²⁶When Seth grew up, he had a son and named him Enosh. At that time people first began to worship the LORD by name.

The Descendants of Adam

5 This is the written account of the descendants of Adam. When God created human beings,* he made them to be like himself. ²He created them male and female, and he blessed them and called them “human.”

³When Adam was 130 years old, he became the father of a son who was just like him—in his very image. He named his son Seth. ⁴After the birth of Seth, Adam lived another 800 years, and he had other sons and daughters. ⁵Adam lived 930 years, and then he died.

⁶When Seth was 105 years old, he became the father of* Enosh. ⁷After the birth of* Enosh, Seth lived another 807 years, and he had other sons and daughters. ⁸Seth lived 912 years, and then he died.

⁹When Enosh was 90 years old, he became the father of Kenan. ¹⁰After the birth of Kenan, Enosh lived another 815 years, and he had other sons and daughters. ¹¹Enosh lived 905 years, and then he died.

¹²When Kenan was 70 years old, he became the father of Mahalalel. ¹³After the birth of Mahalalel, Kenan lived another 840 years, and he had other sons and daughters.

¹⁴Kenan lived 910 years, and then he died.

¹⁵When Mahalalel was 65 years old, he became the father of Jared. ¹⁶After the birth of Jared, Mahalalel lived another 830 years, and he had other sons and daughters.

¹⁷Mahalalel lived 895 years, and then he died.

¹⁸When Jared was 162 years old, he became the father of Enoch. ¹⁹After the birth of Enoch, Jared lived another 800 years, and he had other sons and daughters. ²⁰Jared lived 962 years, and then he died.

²¹When Enoch was 65 years old, he became the father of Methuselah. ²²After the birth of Methuselah, Enoch lived in close fellowship with God for another 300 years, and he had other sons and daughters.

²³Enoch lived 365 years, ²⁴walking in close fellowship with God. Then one day he disappeared, because God took him.

²⁵When Methuselah was 187 years old, he became the father of Lamech. ²⁶After the birth of Lamech, Methuselah lived another 782 years, and he had other sons and daughters. ²⁷Methuselah lived 969 years, and then he died.

²⁸When Lamech was 182 years old, he became the father of a son. ²⁹Lamech named his son Noah, for he said, “May he bring us relief* from our work and the painful labor of farming this ground that the LORD has cursed.” ³⁰After the birth of Noah, Lamech lived another 595 years, and he had other sons and daughters. ³¹Lamech lived 777 years, and then he died.

³²After Noah was 500 years old, he became the father of Shem, Ham, and Japheth.

A World Gone Wrong

6 Then the people began to multiply on the earth, and daughters were born to them. ²The sons of God saw the beautiful women* and took any they wanted as their wives. ³Then the LORD said, “My Spirit will not put up with* humans for such a long time, for they are only

mortal flesh. In the future, their normal lifespan will be no more than 120 years."

⁴In those days, and for some time after, giant Nephilites lived on the earth, for whenever the sons of God had intercourse with women, they gave birth to children who became the heroes and famous warriors of ancient times.

⁵The LORD observed the extent of human wickedness on the earth, and he saw that everything they thought or imagined was consistently and totally evil. ⁶So the LORD was sorry he had ever made them and put them on the earth. It broke his heart. ⁷And the LORD said, "I will wipe this human race I have created from the face of the earth. Yes, and I will destroy every living thing—all the people, the large animals, the small animals that scurry along the ground, and even the birds of the sky. I am sorry I ever made them." ⁸But Noah found favor with the LORD.

The Story of Noah

⁹This is the account of Noah and his family. Noah was a righteous man, the only blameless person living on earth at the time, and he walked in close fellowship with God. ¹⁰Noah was the father of three sons: Shem, Ham, and Japheth.

¹¹Now God saw that the earth had become corrupt and was filled with violence. ¹²God observed all this corruption in the world, for everyone on earth was corrupt. ¹³So God said to Noah, "I have decided to destroy all living creatures, for they have filled the earth with violence. Yes, I will wipe them all out along with the earth!"

¹⁴"Build a large boat* from cypress wood* and waterproof it with tar, inside and out. Then construct decks and stalls throughout its interior. ¹⁵Make the boat 450 feet long, 75 feet wide, and 45 feet high.* ¹⁶Leave an 18-inch opening* below the roof all the way around the boat. Put the door on the side, and build three decks inside the boat—lower, middle, and upper.

¹⁷"Look! I am about to cover the earth with a flood that will destroy every living thing that breathes. Everything on earth will die. ¹⁸But I will confirm my covenant with you. So enter the boat—you and your wife and your sons and their wives. ¹⁹Bring a pair of every kind of animal—a male and a female—into the boat with you to keep them alive during the flood. ²⁰Pairs of every kind of bird, and every kind of animal, and every kind of small animal that scurries along the ground, will come to you to be kept alive. ²¹And be sure to take on board enough food for your family and for all the animals."

²²So Noah did everything exactly as God had commanded him.

The Flood Covers the Earth

7 When everything was ready, the LORD said to Noah, "Go into the boat with all your family, for among all the people of the earth, I can see that you alone are righteous. ²Take with you seven pairs—male and female—of each animal I have approved for eating and for sacrifice,* and take one pair of each of the others. ³Also take seven pairs of every kind of bird. There must be a male and a female in each pair to ensure that all life will survive on the earth after the flood. ⁴Seven days from now I will make the rains pour down on the earth. And it will rain for forty days and forty nights, until I have wiped from the earth all the living things I have created."

⁵So Noah did everything as the LORD commanded him.

⁶Noah was 600 years old when the flood covered the earth. ⁷He went on board the boat to escape the flood—he and his wife and his sons and their wives. ⁸With them were all the various kinds of animals—those approved for eating and for sacrifice and those that were not—along with all the birds and the small animals that scurry along the ground. ⁹They entered the boat in pairs, male and female, just as God had commanded Noah. ¹⁰After seven days, the waters of the flood came and covered the earth.

¹¹When Noah was 600 years old, on the seventeenth day of the second month, all the underground waters erupted from the earth, and the rain fell in mighty torrents from the sky. ¹²The rain continued to fall for forty days and forty nights.

¹³That very day Noah had gone into the boat with his wife and his sons—Shem, Ham, and Japheth—and their wives. ¹⁴With them in the boat were pairs of every kind of animal—domestic and wild, large and small—along with birds of every kind. ¹⁵Two by two they came into the boat, representing every living thing that breathes. ¹⁶A male and female of each kind entered, just as God had commanded Noah. Then the LORD closed the door behind them.

¹⁷For forty days the floodwaters grew deeper, covering the ground and lifting the boat high

*Translation Notes 4:16 *Nod* means "wandering." 4:18 *Or the ancestor of*, and so throughout the verse. 4:25 *Seth* probably means "granted"; the name may also mean "appointed." 5:1 *Or man*; Hebrew reads *adam*; similarly in 5:2. 5:6 *Or the ancestor of*; also in 5:9, 12, 15, 18, 21, 25. 5:7 *Or the birth of this ancestor of*; also in 5:10, 13, 16, 19, 22, 26. 5:29 *Noah* sounds like a Hebrew term that can mean "relief" or "comfort." 6:2 *Hebrew daughters of men*; also in 6:4. 6:3 *Greek version reads will not remain in*. 6:14a *Traditionally rendered an ark*. 6:14b *Or gopher wood*. 6:15 *Hebrew 300 cubits [138 meters] long, 50 cubits [23 meters] wide, and 30 cubits [13.8 meters] high*. 6:16 *Hebrew an opening of 1 cubit [46 centimeters]*. 7:2 *Hebrew of each clean animal*; similarly in 7:8.

above the earth. ¹⁸As the waters rose higher and higher above the ground, the boat floated safely on the surface. ¹⁹Finally, the water covered even the highest mountains on the earth, ²⁰rising more than twenty-two feet* above the highest peaks. ²¹All the living things on earth died—birds, domestic animals, wild animals, small animals that scurry along the ground, and all the people. ²²Everything that breathed and lived on dry land died. ²³God wiped out every living thing on the earth—people, livestock, small animals that scurry along the ground, and the birds of the sky. All were destroyed. The only people who survived were Noah and those with him in the boat. ²⁴And the floodwaters covered the earth for 150 days.

¹⁸So Noah, his wife, and his sons and their wives left the boat. ¹⁹And all of the large and small animals and birds came out of the boat, pair by pair.

²⁰Then Noah built an altar to the LORD, and there he sacrificed as burnt offerings the animals and birds that had been approved for that purpose.* ²¹And the LORD was pleased with the aroma of the sacrifice and said to himself, "I will never again curse the ground because of the human race, even though everything they think or imagine is bent toward evil from childhood. I will never again destroy all living things. ²²As long as the earth remains, there will be planting and harvest, cold and heat, summer and winter, day and night."

The Flood Recedes

8 But God remembered Noah and all the wild animals and livestock with him in the boat. He sent a wind to blow across the earth, and the floodwaters began to recede. ²The underground waters stopped flowing, and the torrential rains from the sky were stopped. ³So the floodwaters gradually receded from the earth. After 150 days, ⁴exactly five months from the time the flood began,* the boat came to rest on the mountains of Ararat. ⁵Two and a half months later,* as the waters continued to go down, other mountain peaks became visible.

⁶After another forty days, Noah opened the window he had made in the boat ⁷and released a raven. The bird flew back and forth until the floodwaters on the earth had dried up. ⁸He also released a dove to see if the water had receded and it could find dry ground. ⁹But the dove could find no place to land because the water still covered the ground. So it returned to the boat, and Noah held out his hand and drew the dove back inside. ¹⁰After waiting another seven days, Noah released the dove again. ¹¹This time the dove returned to him in the evening with a fresh olive leaf in its beak. Then Noah knew that the floodwaters were almost gone. ¹²He waited another seven days and then released the dove again. This time it did not come back.

¹³Noah was now 601 years old. On the first day of the new year, ten and a half months after the flood began,* the floodwaters had almost dried up from the earth. Noah lifted back the covering of the boat and saw that the surface of the ground was drying. ¹⁴Two more months went by,* and at last the earth was dry!

¹⁵Then God said to Noah, ¹⁶"Leave the boat, all of you—you and your wife, and your sons and their wives. ¹⁷Release all the animals—the birds, the livestock, and the small animals that scurry along the ground—so they can be fruitful and multiply throughout the earth."

God Confirms His Covenant

9 Then God blessed Noah and his sons and told them, "Be fruitful and multiply. Fill the earth. ²All the animals of the earth, all the birds of the sky, all the small animals that scurry along the ground, and all the fish in the sea will look on you with fear and terror. I have placed them in your power. ³I have given them to you for food, just as I have given you grain and vegetables. ⁴But you must never eat any meat that still has the lifeblood in it.

⁵"And I will require the blood of anyone who takes another person's life. If a wild animal kills a person, it must die. And anyone who murders a fellow human must die. ⁶If anyone takes a human life, that person's life will also be taken by human hands. For God made human beings* in his own image. ⁷Now be fruitful and multiply, and repopulate the earth."

⁸Then God told Noah and his sons, ⁹"I hereby confirm my covenant with you and your descendants, ¹⁰and with all the animals that were on the boat with you—the birds, the livestock, and all the wild animals—every living creature on earth. ¹¹Yes, I am confirming my covenant with you. Never again will floodwaters kill all living creatures; never again will a flood destroy the earth."

¹²Then God said, "I am giving you a sign of my covenant with you and with all living creatures, for all generations to come. ¹³I have placed my rainbow in the clouds. It is the sign of my covenant with you and with all the earth. ¹⁴When I send clouds over the earth, the rainbow will appear in the clouds, ¹⁵and I will remember my covenant with you and with all living creatures. Never again will the floodwaters destroy all life. ¹⁶When I see the rainbow in the clouds, I will remember the eternal covenant between God and every living creature on earth." ¹⁷Then God said to Noah, "Yes, this rainbow is the sign of

the covenant I am confirming with all the creatures on earth.”

Noah's Sons

¹⁸The sons of Noah who came out of the boat with their father were Shem, Ham, and Japheth. (Ham is the father of Canaan.) ¹⁹From these three sons of Noah came all the people who now populate the earth.

²⁰After the flood, Noah began to cultivate the ground, and he planted a vineyard. ²¹One day he drank some wine he had made, and he became drunk and lay naked inside his tent. ²²Ham, the father of Canaan, saw that his father was naked and went outside and told his brothers. ²³Then Shem and Japheth took a robe, held it over their shoulders, and backed into the tent to cover their father. As they did this, they looked the other way so they would not see him naked.

²⁴When Noah woke up from his stupor, he learned what Ham, his youngest son, had done. ²⁵Then he cursed Canaan, the son of Ham:

“May Canaan be cursed!
May he be the lowest of servants to his
relatives.”

²⁶Then Noah said,

“May the LORD, the God of Shem, be
blessed,
and may Canaan be his servant!
²⁷ May God expand the territory of Japheth!
May Japheth share the prosperity of
Shem,*
and may Canaan be his servant.”

²⁸Noah lived another 350 years after the great flood. ²⁹He lived 950 years, and then he died.

10 This is the account of the families of Shem, Ham, and Japheth, the three sons of Noah. Many children were born to them after the great flood.

Descendants of Japheth

²The descendants of Japheth were Gomer, Magog, Madai, Javan, Tubal, Meshech, and Tiras.

³The descendants of Gomer were Ashkenaz, Riphath, and Togarmah.

⁴The descendants of Javan were Elishah, Tarshish, Kittim, and Rodanim.* ⁵Their descendants became the seafaring peoples that spread out to various lands, each identified by its own language, clan, and national identity.

Descendants of Ham

⁶The descendants of Ham were Cush, Mizraim, Put, and Canaan.

⁷The descendants of Cush were Seba, Havilah, Sabtah, Raamah, and Sabteca. The descendants of Raamah were Sheba and Dedan.

⁸Cush was also the ancestor of Nimrod, who was the first heroic warrior on earth.

⁹Since he was the greatest hunter in the world,* his name became proverbial. People would say, “This man is like Nimrod, the greatest hunter in the world.” ¹⁰He built his kingdom in the land of Babylonia,* with the cities of Babylon, Erech, Akkad, and Calneh.

¹¹From there he expanded his territory to Assyria,* building the cities of Nineveh, Rehoboth-ir, Calah, ¹²and Resen (the great city located between Nineveh and Calah).

¹³Mizraim was the ancestor of the Ludites, Anamites, Lehabites, Naphtuhites, ¹⁴Pathrusites, Casluhites, and the Caphtorites, from whom the Philistines came.*

¹⁵Canaan's oldest son was Sidon, the ancestor of the Sidonians. Canaan was also the ancestor of the Hittites,* ¹⁶Jebusites, Amorites, Girgashites, ¹⁷Hivites, Arkites, Sinites, ¹⁸Arvadites, Zemarites, and Hamathites. The Canaanite clans eventually spread out, ¹⁹and the territory of Canaan extended from Sidon in the north to Gerar and Gaza in the south, and east as far as Sodom, Gomorrah, Admah, and Zeboiim, near Lasha.

²⁰These were the descendants of Ham, identified by clan, language, territory, and national identity.

Descendants of Shem

²¹Sons were also born to Shem, the older brother of Japheth.* Shem was the ancestor of all the descendants of Eber.

²²The descendants of Shem were Elam, Asshur, Arphaxad, Lud, and Aram.

²³The descendants of Aram were Uz, Hul, Gether, and Mash.

***Translation Notes** 7:20 Hebrew *15 cubits* [6.9 meters]. 8:4 Hebrew *on the seventeenth day of the seventh month*; see 7:11. 8:5 Hebrew *On the first day of the tenth month*; see 7:11 and note on 8:4. 8:13 Hebrew *On the first day of the first month*; see 7:11. 8:14 Hebrew *The twenty-seventh day of the second month arrived*; see note on 8:13. 8:20 Hebrew *every clean animal and every clean bird*. 9:6 Or *man*; Hebrew reads *ha-adam*. 9:27 Hebrew *May he live in the tents of Shem*. 10:4 As in some Hebrew manuscripts and Greek version (see also 1 Chr 1:7); most Hebrew manuscripts read *Dodanim*. 10:9 Hebrew *a great hunter before the LORD*; also in 10:9b. 10:10 Hebrew *Shinar*. 10:11 Or *From that land Assyria went out*. 10:14 Hebrew *Casluhites, from whom the Philistines came, and Caphtorites*. Compare Jer 47:4; Amos 9:7. 10:15 Hebrew *ancestor of Heth*. 10:21 Or *Shem, whose older brother was Japheth*.

²⁴Arphaxad was the father of Shelah,* and Shelah was the father of Eber.

²⁵Eber had two sons. The first was named Peleg (which means “division”), for during his lifetime the people of the world were divided into different language groups. His brother’s name was Joktan.

²⁶Joktan was the ancestor of Almodad, Sheleph, Hazarmaveth, Jerah, ²⁷Hadoram, Uzal, Diklah, ²⁸Obal, Abimael, Sheba, ²⁹Ophir, Havilah, and Jobab. All these were descendants of Joktan. ³⁰The territory they occupied extended from Mesha all the way to Sephar in the eastern mountains.

³¹These were the descendants of Shem, identified by clan, language, territory, and national identity.

Conclusion

³²These are the clans that descended from Noah’s sons, arranged by nation according to their lines of descent. All the nations of the earth descended from these clans after the great flood.

The Tower of Babel

11 At one time all the people of the world spoke the same language and used the same words. ²As the people migrated to the east, they found a plain in the land of Babylonia* and settled there.

³They began saying to each other, “Let’s make bricks and harden them with fire.” (In this region bricks were used instead of stone, and tar was used for mortar.) ⁴Then they said, “Come, let’s build a great city for ourselves with a tower that reaches into the sky. This will make us famous and keep us from being scattered all over the world.”

⁵But the LORD came down to look at the city and the tower the people were building. ⁶“Look!” he said. “The people are united, and they all speak the same language. After this, nothing they set out to do will be impossible for them! ⁷Come, let’s go down and confuse the people with different languages. Then they won’t be able to understand each other.”

⁸In that way, the LORD scattered them all over the world, and they stopped building the city. ⁹That is why the city was called Babel,* because that is where the LORD confused the people with different languages. In this way he scattered them all over the world.

The Line of Descent from Shem to Abram

¹⁰This is the account of Shem’s family.

Two years after the great flood, when Shem was 100 years old, he became the father of*

Arphaxad. ¹¹After the birth of* Arphaxad, Shem lived another 500 years and had other sons and daughters.

¹²When Arphaxad was 35 years old, he became the father of Shelah. ¹³After the birth of Shelah, Arphaxad lived another 403 years and had other sons and daughters.*

¹⁴When Shelah was 30 years old, he became the father of Eber. ¹⁵After the birth of Eber, Shelah lived another 403 years and had other sons and daughters.

¹⁶When Eber was 34 years old, he became the father of Peleg. ¹⁷After the birth of Peleg, Eber lived another 430 years and had other sons and daughters.

¹⁸When Peleg was 30 years old, he became the father of Reu. ¹⁹After the birth of Reu, Peleg lived another 209 years and had other sons and daughters.

²⁰When Reu was 32 years old, he became the father of Serug. ²¹After the birth of Serug, Reu lived another 207 years and had other sons and daughters.

²²When Serug was 30 years old, he became the father of Nahor. ²³After the birth of Nahor, Serug lived another 200 years and had other sons and daughters.

²⁴When Nahor was 29 years old, he became the father of Terah. ²⁵After the birth of Terah, Nahor lived another 119 years and had other sons and daughters.

²⁶After Terah was 70 years old, he became the father of Abram, Nahor, and Haran.

The Family of Terah

²⁷This is the account of Terah’s family. Terah was the father of Abram, Nahor, and Haran; and Haran was the father of Lot. ²⁸But Haran died in Ur of the Chaldeans, the land of his birth, while his father, Terah, was still living. ²⁹Meanwhile, Abram and Nahor both married. The name of Abram’s wife was Sarai, and the name of Nahor’s wife was Milcah. (Milcah and her sister Iscah were daughters of Nahor’s brother Haran.) ³⁰But Sarai was unable to become pregnant and had no children.

³¹One day Terah took his son Abram, his daughter-in-law Sarai (his son Abram’s wife), and his grandson Lot (his son Haran’s child) and moved away from Ur of the Chaldeans. He was headed for the land of Canaan, but they stopped at Haran and settled there. ³²Terah lived for 205 years* and died while still in Haran.

The Call of Abram

12 The LORD had said to Abram, “Leave your native country, your relatives, and your father’s family, and go to the land that I will show you. ²I will make you into a great nation.

I will bless you and make you famous, and you will be a blessing to others. ³I will bless those who bless you and curse those who treat you with contempt. All the families on earth will be blessed through you."

⁴So Abram departed as the LORD had instructed, and Lot went with him. Abram was seventy-five years old when he left Haran. ⁵He took his wife, Sarai, his nephew Lot, and all his wealth—his livestock and all the people he had taken into his household at Haran—and headed for the land of Canaan. When they arrived in Canaan, ⁶Abram traveled through the land as far as Shechem. There he set up camp beside the oak of Moreh. At that time, the area was inhabited by Canaanites.

⁷Then the LORD appeared to Abram and said, "I will give this land to your descendants.*" And Abram built an altar there and dedicated it to the LORD, who had appeared to him. ⁸After that, Abram traveled south and set up camp in the hill country, with Bethel to the west and Ai to the east. There he built another altar and dedicated it to the LORD, and he worshiped the LORD. ⁹Then Abram continued traveling south by stages toward the Negev.

Abram and Sarai in Egypt

¹⁰At that time a severe famine struck the land of Canaan, forcing Abram to go down to Egypt, where he lived as a foreigner. ¹¹As he was approaching the border of Egypt, Abram said to his wife, Sarai, "Look, you are a very beautiful woman. ¹²When the Egyptians see you, they will say, 'This is his wife. Let's kill him; then we can have her!' ¹³So please tell them you are my sister. Then they will spare my life and treat me well because of their interest in you."

¹⁴And sure enough, when Abram arrived in Egypt, everyone noticed Sarai's beauty. ¹⁵When the palace officials saw her, they sang her praises to Pharaoh, their king, and Sarai was taken into his palace. ¹⁶Then Pharaoh gave Abram many gifts because of her—sheep, goats, cattle, male and female donkeys, male and female servants, and camels.

¹⁷But the LORD sent terrible plagues upon Pharaoh and his household because of Sarai, Abram's wife. ¹⁸So Pharaoh summoned Abram and accused him sharply. "What have you done to me?" he demanded. "Why didn't you tell me she was your wife? ¹⁹Why did you say, 'She is my sister,' and allow me to take her as my wife? Now then, here is your wife. Take her and get out of here!" ²⁰Pharaoh ordered some of his men to escort them, and he sent Abram out of the country, along with his wife and all his possessions.

Abram and Lot Separate

13 So Abram left Egypt and traveled north into the Negev, along with his wife and Lot and all that they owned. ²(Abram was very rich in livestock, silver, and gold.) ³From the Negev, they continued traveling by stages toward Bethel, and they pitched their tents between Bethel and Ai, where they had camped before. ⁴This was the same place where Abram had built the altar, and there he worshiped the LORD again.

⁵Lot, who was traveling with Abram, had also become very wealthy with flocks of sheep and goats, herds of cattle, and many tents. ⁶But the land could not support both Abram and Lot with all their flocks and herds living so close together. ⁷So disputes broke out between the herdsmen of Abram and Lot. (At that time Canaanites and Perizzites were also living in the land.)

⁸Finally Abram said to Lot, "Let's not allow this conflict to come between us or our herdsmen. After all, we are close relatives! ⁹The whole countryside is open to you. Take your choice of any section of the land you want, and we will separate. If you want the land to the left, then I'll take the land on the right. If you prefer the land on the right, then I'll go to the left."

¹⁰Lot took a long look at the fertile plains of the Jordan Valley in the direction of Zoar. The whole area was well watered everywhere, like the garden of the LORD or the beautiful land of Egypt. (This was before the LORD destroyed Sodom and Gomorrah.) ¹¹Lot chose for himself the whole Jordan Valley to the east of them. He went there with his flocks and servants and parted company with his uncle Abram. ¹²So Abram settled in the land of Canaan, and Lot moved his tents to a place near Sodom and settled among the cities of the plain. ¹³But the people of this area were extremely wicked and constantly sinned against the LORD.

¹⁴After Lot had gone, the LORD said to Abram, "Look as far as you can see in every direction—north and south, east and west. ¹⁵I am giving all this land, as far as you can see, to you and

***Translation Notes** 10:24 Greek version reads *Arphaxad was the father of Cainan, Cainan was the father of Shelah*. Compare Luke 3:36. 11:2 Hebrew *Shinar*. 11:9 Or *Babylon*. *Babel* sounds like a Hebrew term that means "confusion." 11:10 Or *the ancestor of*; also in 11:12, 14, 16, 18, 20, 22, 24. 11:11 Or *the birth of this ancestor of*; also in 11:13, 15, 17, 19, 21, 23, 25. 11:12-13 Greek version reads *When Arphaxad was 135 years old, he became the father of Cainan. After the birth of Cainan, Arphaxad lived another 430 years and had other sons and daughters, and then he died. When Cainan was 130 years old, he became the father of Shelah. After the birth of Shelah, Cainan lived another 330 years and had other sons and daughters, and then he died*. Compare Luke 3:35-36. 11:32 Some ancient versions read *145 years*; compare 11:26 and 12:4. 12:7 Hebrew *seed*.

your descendants* as a permanent possession. ¹⁶And I will give you so many descendants that, like the dust of the earth, they cannot be counted! ¹⁷Go and walk through the land in every direction, for I am giving it to you."

¹⁸So Abram moved his camp to Hebron and settled near the oak grove belonging to Mamre. There he built another altar to the LORD.

Abram Rescues Lot

14 About this time war broke out in the region. King Amraphel of Babylonia,* King Arioch of Ellasar, King Kedorlaomer of Elam, and King Tidal of Goiim ²fought against King Bera of Sodom, King Birsha of Gomorrah, King Shinab of Admah, King Shemeber of Zeboiim, and the king of Bela (also called Zoar).

³This second group of kings joined forces in Siddim Valley (that is, the valley of the Dead Sea*). ⁴For twelve years they had been subject to King Kedorlaomer, but in the thirteenth year they rebelled against him.

⁵One year later Kedorlaomer and his allies arrived and defeated the Rephaites at Ashteroth-karnaim, the Zuzites at Ham, the Emites at Shaveh-kiriathaim, ⁶and the Horites at Mount Seir, as far as El-paran at the edge of the wilderness. ⁷Then they turned back and came to Enmishpat (now called Kadesh) and conquered all the territory of the Amalekites, and also the Amorites living in Hazazon-tamar.

⁸Then the rebel kings of Sodom, Gomorrah, Admah, Zeboiim, and Bela (also called Zoar) prepared for battle in the valley of the Dead Sea.* ⁹They fought against King Kedorlaomer of Elam, King Tidal of Goiim, King Amraphel of Babylonia, and King Arioch of Ellasar—four kings against five. ¹⁰As it happened, the valley of the Dead Sea was filled with tar pits. And as the army of the kings of Sodom and Gomorrah fled, some fell into the tar pits, while the rest escaped into the mountains. ¹¹The victorious invaders then plundered Sodom and Gomorrah and headed for home, taking with them all the spoils of war and the food supplies. ¹²They also captured Lot—Abram's nephew who lived in Sodom—and carried off everything he owned.

¹³But one of Lot's men escaped and reported everything to Abram the Hebrew, who was living near the oak grove belonging to Mamre the Amorite. Mamre and his relatives, Eshcol and Aner, were Abram's allies.

¹⁴When Abram heard that his nephew Lot had been captured, he mobilized the 318 trained men who had been born into his household. Then he pursued Kedorlaomer's army until he caught up with them at Dan. ¹⁵There he divided his men and attacked during the night. Kedorlaomer's army fled, but

Abram chased them as far as Hobah, north of Damascus. ¹⁶Abram recovered all the goods that had been taken, and he brought back his nephew Lot with his possessions and all the women and other captives.

Melchizedek Blesses Abram

¹⁷After Abram returned from his victory over Kedorlaomer and all his allies, the king of Sodom went out to meet him in the valley of Shaveh (that is, the King's Valley).

¹⁸And Melchizedek, the king of Salem and a priest of God Most High,* brought Abram some bread and wine. ¹⁹Melchizedek blessed Abram with this blessing:

"Blessed be Abram by God Most High,
Creator of heaven and earth.

²⁰ And blessed be God Most High,
who has defeated your enemies for you."

Then Abram gave Melchizedek a tenth of all the goods he had recovered.

²¹The king of Sodom said to Abram, "Give back my people who were captured. But you may keep for yourself all the goods you have recovered."

²²Abram replied to the king of Sodom, "I solemnly swear to the LORD, God Most High, Creator of heaven and earth, ²³that I will not take so much as a single thread or sandal thong from what belongs to you. Otherwise you might say, 'I am the one who made Abram rich.' ²⁴I will accept only what my young warriors have already eaten, and I request that you give a fair share of the goods to my allies—Aner, Eshcol, and Mamre."

The LORD's Covenant Promise to Abram

15 Some time later, the LORD spoke to Abram in a vision and said to him, "Do not be afraid, Abram, for I will protect you, and your reward will be great."

²But Abram replied, "O Sovereign LORD, what good are all your blessings when I don't even have a son? Since you've given me no children, Eliezer of Damascus, a servant in my household, will inherit all my wealth. ³You have given me no descendants of my own, so one of my servants will be my heir."

⁴Then the LORD said to him, "No, your servant will not be your heir, for you will have a son of your own who will be your heir." ⁵Then the LORD took Abram outside and said to him, "Look up into the sky and count the stars if you can. That's how many descendants you will have!"

⁶And Abram believed the LORD, and the LORD counted him as righteous because of his faith.

⁷Then the LORD told him, "I am the LORD who

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ABANDONMENT

And the answer will be, "Because his people abandoned the LORD their God, who brought their ancestors out of Egypt, and they worshiped other gods instead and bowed down to them. That is why the LORD has brought all these disasters on them." (1 Kings 9:9)

Don't love money; be satisfied with what you have. For God has said, "I will never fail you. I will never abandon you." (Hebrews 13:5)

God will never abandon those who love and seek him.

God will not abandon those who trust him (Deuteronomy 31:6-8)

God will never abandon his people (1 Samuel 12:22)

God may abandon those who abandon him (1 Samuel 15:24-26)

Suffering doesn't mean that God has abandoned you (1 Peter 5:10)

ABILITIES (see also SPIRITUAL GIFTS)

In his grace, God has given us different gifts for doing certain things well. So if God has given you the ability to prophesy, speak out with as much faith as God has given you. If your gift is serving others, serve them well. If you are a teacher, teach well. If your gift is to encourage others, be encouraging. If it is giving, give generously. If God has given you leadership ability, take the responsibility seriously. And if you have a gift for showing kindness to others, do it gladly. (Romans 12:6-8)

Now these are the gifts Christ gave to the church: the apostles, the prophets, the evangelists, and the pastors and teachers. Their responsibility is to equip God's people to do his work and build up the church, the body of Christ. (Ephesians 4:11-12)

God has given each of us special abilities. If you use your gifts wisely, life will be better not only for you, but for everyone around you, too.

We are responsible to use the gifts given to us (Matthew 25:14-30)

God is the true source of any gift; all success comes from him (2 Corinthians 3:5)

God loves us no matter what our gifts (Ephesians 3:18-20)

Using God's gifts brings him glory (1 Peter 4:10-11)

ABORTION (see also LIFE)

Give justice to the poor and the orphan; uphold the rights of the oppressed and the destitute.

Rescue the poor and helpless; deliver them from the grasp of evil people. (Psalm 82:3-4)

Children are a gift from the LORD; they are a reward from him. (Psalm 127:3)

All children are a gift from God; we must do all we can to protect them—the most helpless among us.

God cares for the unborn (Exodus 21:22-25)

God forms every child (Psalm 139:13-16)

God plans the future of every child (Jeremiah 1:5)

ABUSE

The LORD replies, "I have seen violence done to the helpless, and I have heard the groans of the poor. Now I will rise up to rescue them, as they have longed for me to do." (Psalm 12:5)

God is concerned for the helpless; look to God and his true servants for help if you are suffering abuse.

God cares about minorities (Exodus 22:21)

God cares about the poor and helpless (Psalm 82:3-4)

Jesus was abused (Matthew 26:67-68)

Abuse has no place in family relationships (Ephesians 5:21-6:4)

ACCOMPLISHMENTS

But as I looked at everything I had worked so hard to accomplish, it was all so meaningless—like chasing the wind. There was nothing really worthwhile anywhere. (Ecclesiastes 2:11)
Now all glory to God, who is able, through his mighty power at work within us, to accomplish infinitely more than we might ask or think. (Ephesians 3:20)

Only those things achieved in God's strength have lasting value.

Two people can accomplish more than one (Ecclesiastes 4:9)
 Obeying God is one of life's greatest accomplishments (Ecclesiastes 12:13)
 Our relationship with God is accomplished by faith (Romans 1:17)
 All our accomplishments are really gifts from God (1 Corinthians 4:7)

ACCOUNTABILITY

[Jesus said,] "And I tell you this, you must give an account on judgment day of every idle word you speak." (Matthew 12:36)

Yes, each of us will give a personal account to God. So let's stop condemning each other. Decide instead to live in such a way that you will not cause another believer to stumble and fall. (Romans 14:12-13)

You will have to give account for your every word and action, so live each day for the Lord.

God will judge our work (2 Chronicles 19:5-10)
 Sin has consequences (Ezekiel 18:20)
 God will hold us accountable for our sin (Ezekiel 18:30)
 Confronting others with their sins should be done in private (Matthew 18:15)
 We should hold each other accountable (Luke 17:3)
 We are accountable for what we believe (John 3:18)
 God will reward Christians for their good deeds (1 Corinthians 3:8)
 God will examine our actions (2 Corinthians 5:10)

ACCUSATIONS (see also CRITICISM)

Then I heard a loud voice shouting across the heavens, "It has come at last—salvation and power and the Kingdom of our God, and the authority of his Christ. For the accuser of our brothers and sisters has been thrown down to earth—the one who accuses them before our God day and night." (Revelation 12:10)

Satan always accuses us of sin before God, but we are forgiven through the work of Jesus Christ on our behalf. Because of Jesus, Satan's accusations are meaningless.

Satan accuses God's people of doing wrong (Zechariah 3:1)
 Jesus was falsely accused (Matthew 26:59-60)
 Christians' sins are forgiven (Colossians 1:22)
 Accusations must come from more than one person (1 Timothy 5:19)

ACHIEVEMENTS (see ACCOMPLISHMENTS)**ADDICTION**

Don't you realize that you become the slave of whatever you choose to obey? You can be a slave to sin, which leads to death, or you can choose to obey God, which leads to righteous living. (Romans 6:16)

They [false teachers] brag about themselves with empty, foolish boasting. With an appeal to twisted sexual desires, they lure back into sin those who have barely escaped from a lifestyle of deception. They promise freedom, but they themselves are slaves of sin and corruption. For you are a slave to whatever controls you. (2 Peter 2:18-19)

Addiction involves more than just substance abuse; it involves being controlled by anything other than God.

No one can serve two masters (Matthew 6:24)
 The Holy Spirit makes freedom from addiction possible (Romans 8:5-9)
 The Holy Spirit produces good fruit in our lives (Galatians 5:22-23)

ADOPTION (see SPIRITUAL ADOPTION)**ADULTERY**

You must not commit adultery. (Exodus 20:14)
The man who commits adultery is an utter fool, for he destroys himself. (Proverbs 6:32)
God is very clear on adultery. It is expressly forbidden by God because it will destroy your life.

Adultery has consequences (Proverbs 6:26)
 Adultery is disgusting to God (Jeremiah 7:9-10)
 God considers lust to be as sinful as adultery (Matthew 5:27-28)

Divorce often leads to adultery (Mark 10:11-12)
 God will forgive an adulterer (John 8:1-11)

ADVERSITY

The LORD himself will send on you curses, confusion, and frustration in everything you do, until at last you are completely destroyed for doing evil and abandoning me. (Deuteronomy 28:20)

Of course, you get no credit for being patient if you are beaten for doing wrong. But if you suffer for doing good and endure it patiently, God is pleased with you. For God called you to do good, even if it means suffering, just as Christ suffered for you. He is your example, and you must follow in his steps. (1 Peter 2:20-21)

Some adversity comes from foolish decisions, but some is a consequence of being faithful to God. Make sure your adversity is for the right reason.

God doesn't ignore us when trouble comes (Psalm 9:12)

God is a refuge in times of adversity (Psalm 46:1)

God offers us rest from our burdens (Matthew 11:28)

Give your worries to God; he cares about you (1 Peter 5:7)

ADVICE (see also DIRECTION, GUIDANCE)

Without wise leadership, a nation falls; there is safety in having many advisers. (Proverbs 11:14)

Fools think their own way is right, but the wise listen to others. (Proverbs 12:15)

Wise people understand that they cannot know everything, and they demonstrate their wisdom by seeking good advice.

Leaders should consider the advice of others (Exodus 18:13-26)

Older people often give wise advice (1 Kings 12:1-11)

Joy comes to those who avoid wicked advice (Psalm 1:1)

God's advice is best (Psalm 73:24)

Wise people seek advice (Proverbs 1:5)

Give advice to those in need (1 Thessalonians 5:14)

AFFIRMATION (see ENCOURAGEMENT)

AFRAID (see FEAR)

ALCOHOL (see also DRINKING)

Wine produces mockers; alcohol leads to brawls. Those led astray by drink cannot be wise. (Proverbs 20:1)

Because we belong to the day, we must live decent lives for all to see. Don't participate in the darkness of wild parties and drunkenness. (Romans 13:13)

Alcohol used to excess can destroy a person's life. Avoid abusing it at all costs.

God hates drunkenness (Galatians 5:19-21)

Drinking too much alcohol leads to immoral behavior (Ephesians 5:18)

Church leaders should not be controlled by alcohol (Titus 1:7)

ALONE (see LONELINESS)

AMBITION

Make it your goal to live a quiet life, minding your own business and working with your hands, just as we instructed you before. Then people who are not believers will respect the way you live, and you will not need to depend on others. (1 Thessalonians 4:11-12)

But if you are bitterly jealous and there is selfish ambition in your heart, don't cover up the truth with boasting and lying. For jealousy and selfishness are not God's kind of wisdom. . . . For wherever there is jealousy and selfish ambition, there you will find disorder and evil of every kind. (James 3:14-16)

If our highest ambition is to love God and our neighbor, we will live lives of quiet integrity with the goal of bringing glory to God.

Selfish ambition destroys relationships (Mark 10:35-45)

An important ambition is to spread God's Good News (Romans 15:20)

Making a good impression shouldn't be our highest goal (Philippians 2:3)

ANGER (see also RESENTMENT)

And "don't sin by letting anger control you." Don't let the sun go down while you are still angry, for anger gives a foothold to the devil. (Ephesians 4:26-27)

Understand this, my dear brothers and sisters: You must all be quick to listen, slow to speak, and slow to get angry. (James 1:19)

Don't let anger get a foothold in your life—let go of it for your own good.

Anger can lead to murder (Genesis 4:3-8)
 Anger leads to evil actions (Psalm 37:8)
 Showing anger is foolish (Proverbs 12:16)
 Gentle words can soothe anger (Proverbs 15:1)
 Being quick-tempered is foolish (Ecclesiastes 7:9)
 God becomes angry when we are ruled by anger (Amos 1:11)
 God considers anger to be as sinful as murder (Matthew 5:21-22)
 Jesus grew angry at sin (John 2:13-17)
 Christians should get rid of anger (Colossians 3:8)
 Leaders in the church should not be quick-tempered (Titus 1:7)

ANXIETY (see FEAR, WORRY)**APPEARANCE**

People judge by outward appearance, but the LORD looks at the heart. (1 Samuel 16:7)
Charm is deceptive, and beauty does not last; but a woman who fears the LORD will be greatly praised. (Proverbs 31:30)

Our inner character is far more important to God than our outward appearance.

Physical beauty fades (Proverbs 31:30)
 Clothing should not be a constant concern (Matthew 6:25-34)
 Appearances can be deceiving (Matthew 23:27)
 Christians should care more about their spiritual welfare than their physical appearance (1 Timothy 2:9-10)
 Believers should not judge others by their appearance (James 2:2-4)
 Inner beauty is more important than physical beauty (1 Peter 3:1-6)

APPRECIATION (see THANKFULNESS)**APPROVAL**

And may the Lord our God show us his approval and make our efforts successful. Yes, make our efforts successful! (Psalm 90:17)
For whoever finds me finds life and receives favor from the LORD. (Proverbs 8:35)
Always trust and obey God; his approval is what is most important.

ARGUMENTS (see also CONFLICT)

A gentle answer deflects anger, but harsh words make tempers flare. (Proverbs 15:1)
Avoiding a fight is a mark of honor; only fools insist on quarreling. (Proverbs 20:3)
Arguments destroy relationships between family members, friends, and fellow believers.
Do what you can to avoid them, and seek peace.
 Loving to argue is a sin (Proverbs 17:19)
 Christians should avoid becoming entangled in others' arguments (Proverbs 26:17)
 Believers should avoid arguing with a weak Christian (Romans 14:1)
 We should avoid arguments (Philippians 2:14)
 Arguments between Christians are useless (Titus 3:9)

ARMOR (see SPIRITUAL ARMOR)**ARROGANCE** (see PRIDE)**ASSURANCE**

[God said,] "And I will make an everlasting covenant with them: I will never stop doing good for them. I will put a desire in their hearts to worship me, and they will never leave me. I will find joy doing good for them and will faithfully and wholeheartedly replant them in this land." (Jeremiah 32:40-41)

And I am convinced that nothing can ever separate us from God's love. Neither death nor life, neither angels nor demons, neither our fears for today nor our worries about tomorrow—not even the powers of hell can separate us from God's love. No power in the sky above or in the earth below—indeed, nothing in all creation will ever be able to separate us from the love of God that is revealed in Christ Jesus our Lord. (Romans 8:38-39)

For those who trust God, the Bible is packed with promises of his everlasting love. In times of doubt, we can cling to these promises.

God always holds onto his children (Psalm 37:23-24)
 God will never abandon his people (Psalm 138:8)
 God will not refuse any who come to him (John 6:37-40)

No one can take us away from God (John 10:27-29)
 Christians have peace with God (Romans 5:1-5)
 Salvation cannot be canceled (Romans 11:29)
 Our salvation was guaranteed before Creation (Ephesians 1:4-5)
 Assurance comes from faith (Ephesians 3:12)
 God will guard those entrusted to him (2 Timothy 1:12)

ATTITUDE

Even though the fig trees have no blossoms, and there are no grapes on the vines; even though the olive crop fails, and the fields lie empty and barren; even though the flocks die in the fields, and the cattle barns are empty, yet I will rejoice in the LORD! I will be joyful in the God of my salvation! (Habakkuk 3:17-18)

God's loving care allows us to live with a positive attitude no matter what circumstances we face.

Bad attitudes hurt our relationship with God (Genesis 4:6-7)
 Bad attitudes lead to poor decisions (Numbers 14:1-4)
 Always trust God for your life (Proverbs 29:25)
 God will reward the meek (Matthew 5:5)
 God gives Christians a new attitude (Philippians 1:20-25)
 Jesus demonstrated the right attitude (Philippians 2:5-6)
 Christians should always rejoice (Philippians 4:4)
 Believers should replace anxiety with thankfulness and prayer (Philippians 4:6-7)

AUTHORITY (see also RESPECT)

Jesus came and told his disciples, "I have been given all authority in heaven and on earth. Therefore, go and make disciples of all the nations, baptizing them in the name of the Father and the Son and the Holy Spirit." (Matthew 28:18-19)

God has ordained various authorities in our lives, but Jesus Christ is our ultimate authority.

God will hold authority figures accountable for their actions (Daniel 4:31)
 God gave government its authority (John 19:11)
 Christians should obey the government (Romans 13:1-2)
 Parents are authorities to their children (Ephesians 6:1)
 The Bible is our authority (2 Timothy 3:16)
 Church leaders are authoritative (Hebrews 13:17)

BEAUTY

People judge by outward appearance, but the LORD looks at the heart. (1 Samuel 16:7)
Don't be concerned about the outward beauty of fancy hairstyles, expensive jewelry, or beautiful clothes. You should clothe yourselves instead with the beauty that comes from within, the unfading beauty of a gentle and quiet spirit, which is so precious to God. (1 Peter 3:3-4)

Beauty begins inside a person. We should spend more of our time cultivating our character than worrying about our outward appearance.

Physical beauty fades (Proverbs 31:30)
 The gift of beauty can lead to pride (Ezekiel 28:17)
 Appearances can be deceiving (Matthew 23:27)
 Beauty comes in many different forms (1 Corinthians 15:41)
 Inner beauty should be our priority (1 Timothy 2:9-10)
 Believers should not judge people by their outward appearance (James 2:2-4)

BELIEF (see also FAITH)

And Abram believed the LORD, and the LORD counted him as righteous because of his faith. (Genesis 15:6)

If you openly declare that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. (Romans 10:9)

Right belief about God and his love for us, and about our desperate need for him, is essential to having a true relationship with God.

Belief in God should be accompanied by action (Deuteronomy 27:10)
 Belief affects the way we live (Mark 1:15)
 Believing is more than acknowledging truth (James 2:21-24)

BELONGING

And you are included among those Gentiles who have been called to belong to Jesus Christ. I am writing to all of you in Rome who are loved by God and are called to be his own holy people. (Romans 1:6-7)